

Teleparallel theories of gravity and applications to cosmology

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Outline

- 1 Metric-affine gravity
 - Basic ingredients
 - Metric-affine geometries
- 2 Introduction to Teleparallel theories of gravity
 - Basic mathematical ingredients
 - Teleparallel equivalent of General Relativity
- 3 Modified Teleparallel theories of gravity
 - General features
 - Some important theories
- 4 Applications to cosmology
 - How to study cosmology in Teleparallel gravity
 - Summary of results
- 5 Conclusions and final remarks

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Fundamental variables and characteristic tensors

- In the most general metric-affine setting, the fundamental variables are a **metric** $g_{\mu\nu}$ (10 comp.) as well as the coefficients $\hat{\Gamma}^{\rho}_{\mu\nu}$ (64 comp.) of an **affine connection**.

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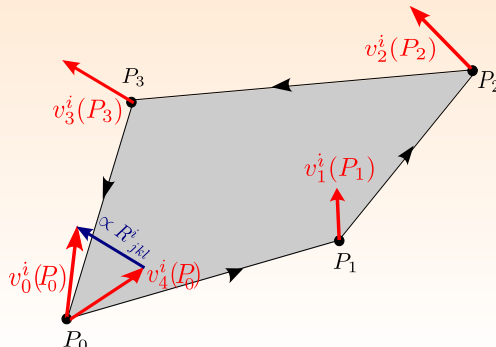
- In the most general metric-affine setting, the fundamental variables are a **metric** $g_{\mu\nu}$ (10 comp.) as well as the coefficients $\hat{\Gamma}^\rho_{\mu\nu}$ (64 comp.) of an **affine connection**.
- A priori, there is no relation between $g_{\mu\nu}$ and $\hat{\Gamma}^\rho_{\mu\nu}$.
- The most general metric-affine theory is characterised by the following tensors:

Curvature	$\hat{R}^\mu_{\nu\rho\sigma} = \partial_\rho \hat{\Gamma}^\mu_{\nu\sigma} - \partial_\sigma \hat{\Gamma}^\mu_{\nu\rho} + \hat{\Gamma}^\mu_{\tau\rho} \hat{\Gamma}^\tau_{\nu\sigma} - \hat{\Gamma}^\mu_{\tau\sigma} \hat{\Gamma}^\tau_{\nu\rho}$
Torsion	$\hat{T}^\mu_{\nu\rho} = \hat{\Gamma}^\mu_{\rho\nu} - \hat{\Gamma}^\mu_{\nu\rho}$
Non-metricity	$\hat{Q}_{\mu\nu\rho} = \hat{\nabla}_\mu g_{\nu\rho} = \partial_\mu g_{\nu\rho} - \hat{\Gamma}^\sigma_{\nu\mu} g_{\sigma\rho} - \hat{\Gamma}^\sigma_{\rho\mu} g_{\nu\sigma}$

What does curvature represent geometrically?

Curvature tensor $\hat{R}^\alpha{}_{\beta\mu\nu}$

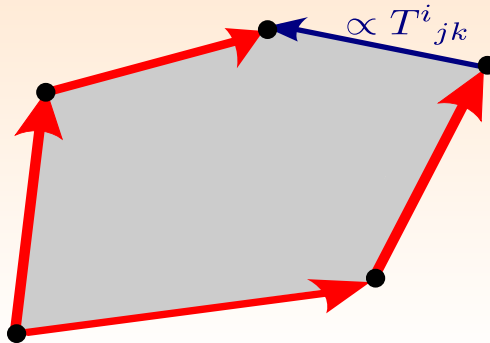
Rotation experienced by a vector when it is parallel transported along a closed curve



What does torsion represent geometrically?

Torsion tensor $\hat{T}^\alpha_{\mu\nu}$

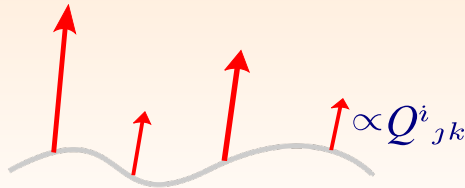
non-closure of the parallelogram formed when two infinitesimal vectors are parallel transported along each other.



What does non-metricity represent geometrically?

Non-metricity tensor $\hat{Q}_{\alpha\mu\nu}$

measures how much the length and angle of vectors change as we parallel transport them, so in metric spaces the length of vectors is conserve



Connection decomposition

A general affine connection can uniquely be decomposed into three parts in the form:

$$\hat{\Gamma}^{\rho}{}_{\mu\nu} = \overset{\circ}{\Gamma}^{\rho}{}_{\mu\nu} + \hat{K}^{\rho}{}_{\mu\nu} + \hat{L}^{\rho}{}_{\mu\nu} ,$$

where the quantities appearing above are

Levi-Civita connection	$\overset{\circ}{\Gamma}^{\mu}{}_{\nu\rho} = \frac{1}{2}g^{\mu\sigma} (\partial_{\nu}g_{\sigma\rho} + \partial_{\rho}g_{\nu\sigma} - \partial_{\sigma}g_{\nu\rho})$
Contortion tensor	$\hat{K}^{\mu}{}_{\nu\rho} = \frac{1}{2} \left(\hat{T}_{\nu}{}^{\mu}{}_{\rho} + \hat{T}_{\rho}{}^{\mu}{}_{\nu} - \hat{T}^{\mu}{}_{\nu\rho} \right)$
Disformation tensor	$\hat{L}^{\mu}{}_{\nu\rho} = \frac{1}{2} \left(\hat{Q}^{\mu}{}_{\nu\rho} - \hat{Q}_{\nu}{}^{\mu}{}_{\rho} - \hat{Q}_{\rho}{}^{\mu}{}_{\nu} \right)$

Some important special cases of metric-affine geometries

- **Riemann-Cartan geometry** ($\hat{Q}_{\alpha\mu\nu} = 0$): If non-metricity vanishes, the metric satisfies the metric-compatibility condition $\hat{\nabla}_\mu g_{\alpha\beta} = 0$. Poincaré gravity assumes this geometry.

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- **General Teleparallel geometry** ($\hat{R}_{\alpha\mu\nu\beta} = 0$): In the case of vanishing curvature, the connection is flat.

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- **Symmetric Teleparallel geometry** ($\hat{R}_{\alpha\mu\nu\beta} = 0, \hat{T}^\alpha_{\mu\nu} = 0$): Both torsion tensor and curvature are zero and the gravitational interactions are only mediated through non-metricity.

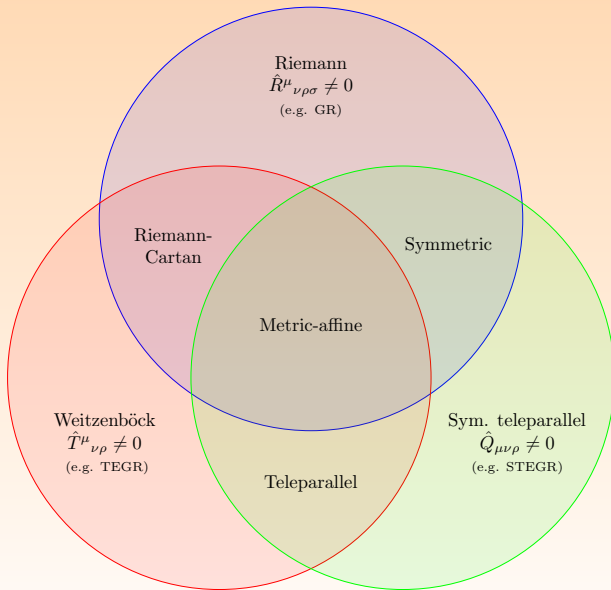


Figure: Classification of metric-affine geometries

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- Tetrads satisfy the **orthogonality condition**; $E_m{}^\mu e^{\mu}{}_\nu = \delta_m^\nu$ and $E_m{}^\nu e^{\mu}{}_\nu = \delta_m^\mu$ and the metric and its inverse can be reconstructed via

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- In metric-affine, the spin connection and tetrads are independent to each other.
- In GR, the spin connection represents both gravitation and inertial effects. The equivalence principle guarantees the existence of a local frame, where such a connection vanishes.
- In Teleparallel gravity, the spin connection $\omega^a_{b\mu}$ is associated solely with **inertial effects**.

Connection in Teleparallel gravity

- GR assumes zero torsion and non-zero curvature (Levi-Civita connection) whereas Teleparallel gravity (TG) assumes **zero curvature and non-zero torsion**. Both assumes non-metricity to be zero, meaning $\hat{\nabla}_\alpha g_{\mu\nu} = 0$.

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- The pure tetrad formalism was the initial framework used for TG, which chooses a specific frame where the spin connection $\omega^a{}_{b\mu}$ vanishes. Be careful choosing the correct tetrad which is compatible with this gauge.

Local Lorentz transformations

- If one performs a local Lorentz transformation $e'^a{}_\mu = \Lambda^a{}_b e^b{}_\mu$, the metric $g_{\mu\nu} = g'_{\mu\nu}$ is invariant. A consequence of this is that the metric has 10 d.o.f. and the tetrads 10+6 (the extra comes from $\Lambda^a{}_b$). Different tetrads can give the same metric.

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- The torsion tensor is covariant under local Lorentz transformation.

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Curvature in Teleparallel gravity

$$R^a_{b\mu\nu}(\omega^a_{b\mu}) = \partial_\mu \omega^a_{b\nu} - \partial_\nu \omega^a_{b\mu} + \omega^a_{c\mu} \omega^c_{b\nu} - \omega^a_{c\nu} \omega^c_{b\mu} \equiv 0.$$

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- Be careful here!** The general curvature $R^\lambda{}_{\mu\sigma\nu} \equiv 0$, not $\overset{\circ}{R}{}^\lambda{}_{\mu\sigma\nu} \neq 0$

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- The Ricci scalar computed from the Levi-Civita connection \mathring{R} differs from the scalar torsion T by a boundary term B .

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Equivalence between field equations

The field equations arising from S_{TEGR} are equivalent to the Einstein field equations.

Two different ways of understanding gravity

Coupling to matter

In TG, no direct matter coupling to the teleparallel connection is introduced, in order to preserve the weak equivalence principle \implies matter fields retain their universal **coupling to the metric** and possibly its **Levi-Civita connection** (in the case of spinor fields).

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Equivalence on their field equations

TEGR has the same equations as GR, so **CLASSICALLY** it is impossible to make any observation to distinguish between them. All **classical experiments** already done, that have confirmed GR, also can be understood as a confirmation of TEGR.

Actually not only two, but three!

- There is another geometrical theory of gravity having the same Einstein field equations as its field equations which is based in non-metricity.

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Ricci scalar and non-metricity

$$\mathring{R} = \mathring{R} + \mathring{Q} + \mathcal{D}_\alpha(\mathring{Q}^\alpha - \tilde{\mathring{Q}}^\alpha) = 0 \rightarrow \mathring{R} = -\mathring{Q} + \mathcal{D}_\alpha(\tilde{\mathring{Q}}^\alpha - \mathring{Q}^\alpha),$$

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$$\text{where } \mathring{Q} = \frac{1}{4}\mathring{Q}_{\alpha\beta\gamma}Q^{\alpha\beta\gamma} - \frac{1}{2}\mathring{Q}_{\alpha\beta\gamma}Q^{\beta\alpha\gamma} - \frac{1}{4}\mathring{Q}_\alpha\mathring{Q}^\alpha + \frac{1}{2}\mathring{Q}_\alpha\tilde{\mathring{Q}}^\alpha,$$

$$\mathring{Q}_\alpha = \mathring{Q}_{\alpha\lambda}{}^\lambda \text{ and } \tilde{\mathring{Q}}_\alpha = \mathring{Q}^\lambda{}_{\lambda\alpha}.$$

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- Since \hat{Q} and \hat{R} differs by a boundary term, the above action also gives the Einstein field equations.

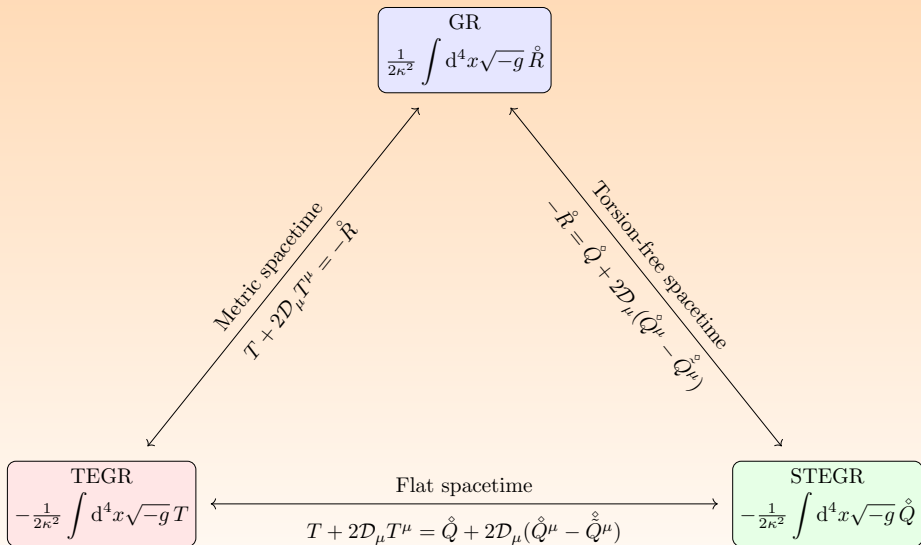


Figure: Geometrical trinity of gravity

Outline

- 1 Metric-affine gravity
 - Basic ingredients
 - Metric-affine geometries
- 2 Introduction to Teleparallel theories of gravity
 - Basic mathematical ingredients
 - Teleparallel equivalent of General Relativity
- 3 Modified Teleparallel theories of gravity
 - General features
 - Some important theories
- 4 Applications to cosmology
 - How to study cosmology in Teleparallel gravity
 - Summary of results
- 5 Conclusions and final remarks

Modified teleparallel theories

What happens if we modify TEGR?

If we modify the TEGR action, a priori there is no equivalence between modified theories from GR and modified Teleparallel theories.

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Are Teleparallel theories Lorentz invariant?

There is a lot of misconceptions in the literature since TEGR and their first modifications were proposed in the pure-tetrad formalism, which assumes that $\omega^a_{b\mu} = 0$ globally. By assuming this choice, TEGR is pseudo local Lorentz invariant (invariant up to a boundary term) and in modified TG, there is a breaking of the local Lorentz invariant.

Modified teleparallel theories

Is it possible to formulate Teleparallel theories in a fully invariant form?

Yes, and the way to do this is by incorporating the spin connection $\omega^a_{b\mu}$ in the formulation. If one introduces this quantity, the torsion tensor is always fully covariant (covariant under both diffeo and local Lorentz) and then, any action constructed from it will be fully invariant.

See¹

¹M. Krššák and E. N. Saridakis, Class. Quant. Grav. **33** (2016) no.11, 115009; M. Krssak, R. J. van den Hoogen, J. G. Pereira, C. G. Böhmer and A. A. Coley, Class. Quant. Grav. **36** (2019) no.18, 183001.

Important properties of Teleparallel theories

- **Gauge nature:** Teleparallel gravity can be written as the gauge theory of translations with the torsion tensor being the field strength of the theory.

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- **Gauge nature:** Teleparallel gravity can be written as the gauge theory of translations with the torsion tensor being the field strength of the theory.
- **The division between inertial and gravitational effects:** In GR, gravity and inertia cannot be separated, but in TG, there are some arguments in favour that it is possible to separate them by putting all the inertial effects in $\omega^a{}_{b\mu}$ and gravity in the tetrads $e^a{}_\mu$.

Important properties of Teleparallel theories

- Teleparallel theories have the tetrads and spin connection as the fundamental variables, so that, one most commonly assumes an action which is of the form

$$\mathcal{S} = \mathcal{S}_g[e, \omega] + \mathcal{S}_m[e, \chi],$$

where the gravitational part \mathcal{S}_g of the action depends on the tetrad $e^A{}_\mu$ and the spin connection $\omega^A{}_{B\mu}$, while the matter part depends on the tetrad $e^A{}_\mu$ and arbitrary matter fields χ^I , but not on the spin connection.

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- Particles (bosonic or fermionic) follow the standard geodesic equation.

Important properties of Teleparallel theories

- Variations of any action should be taken with respect to both variables (with the emphasis that the spin connection is non-arbitrary but always flat).

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- Variations of any action should be taken with respect to both variables (with the emphasis that the spin connection is non-arbitrary but always flat).
- Since $\omega^A_{B\mu}$ is a pure-gauge quantity, it can be shown that the antisymmetric part of the field equations arising from variations w/r to the tetrads e^A_μ coincides with the variations of the action w/r to $\omega^A_{B\mu}$.

Important properties of Teleparallel theories

- Field equations are fully covariant (Lorentz and diffeo), and after finding them, it is possible to choose a gauge, known as the Weitzenböck gauge which is a special frame where $\omega^A{}_{B\mu} = 0$.

Important properties of Teleparallel theories

- Field equations are fully covariant (Lorentz and diffeo), and after finding them, it is possible to choose a gauge, known as the Weitzenböck gauge which is a special frame where $\omega^A{}_{B\mu} = 0$.
- This gauge choice can be only taken after deriving the field equations and if one does this, only some tetrads will be compatible with this choice.

New General Relativity (NGR)

The torsion tensor can be decomposed in its irreducible parts as

$$a_\mu = \frac{1}{6} \epsilon_{\mu\nu\sigma\rho} T^{\nu\sigma\rho}, \quad v_\mu = T^\sigma_{\sigma\mu},$$

$$t_{\sigma\mu\nu} = \frac{1}{2} (T_{\sigma\mu\nu} + T_{\mu\sigma\nu}) + \frac{1}{6} (g_{\nu\sigma} v_\mu + g_{\nu\mu} v_\sigma) - \frac{1}{3} g_{\sigma\mu} v_\nu,$$

where $\epsilon_{\mu\nu\sigma\rho}$ is the totally anti-symmetric Levi-Civita symbol. From these we build the scalars

$$T_{\text{ax}} = a_\mu a^\mu, \quad T_{\text{vec}} = v_\mu v^\mu, \quad T_{\text{ten}} = t_{\sigma\mu\nu} t^{\sigma\mu\nu},$$

and the torsion scalar is a linear combination

$$T = \frac{3}{2} T_{\text{ax}} + \frac{2}{3} T_{\text{ten}} - \frac{2}{3} T_{\text{vec}}.$$

New General Relativity (NGR)

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- If $c_1 = -\frac{2}{3}$, $c_2 = \frac{3}{2}$, $c_3 = \frac{2}{3}$, the above action is equivalent to theTEGR one.

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- In this theory, torsion would represent additional degrees of freedom relative to the curvature, which would thus produce deviations in relation to general relativity

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- Perturbations around Minkowski shows that the unique stable Minkowski background that includes gravity is the TEGR case³.

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$f(T)$ gravity

- Inspired from $f(\overset{\circ}{R})$ gravity, Ferraro and Fiorini⁴ introduced another teleparallel theory by generalising $T \rightarrow f(T)$ in the action:

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- **Strongly coupling problem?** By performing Minkowski perturbations, one only finds new modes at 4th order in the perturbation (J. Beltrán Jiménez, A. Golovnev, T. Koivisto and H. Veermäe, [arXiv:2004.07536])

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- Other theories related to the boundary term such as $-T + f(B)$ gravity.

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- Compatible with Solar System tests.
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The resulting field equations must be at most second order in terms of derivatives of the tetrad fields (or equivalently second order in terms of metric tensor derivatives).

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Condition 3

The field equations must be covariant under local Lorentz transformations.

Conditions for the theory

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Any number of contractions of the irreducible parts of the torsion tensor will result in second order field equations. This means that an infinite number of terms can be formed in Teleparallel gravity that give rise to second order field equations. However, it is unclear how physical such higher order contributions will be.

Teleparallel Horndeski gravity

- Taking quadratic contractions of the torsion tensor, the most general Lagrangian of Teleparallel gravity satisfying the conditions turns out to be $f(T_{\text{ax}}, T_{\text{vec}}, T_{\text{ten}})^6$

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Possible independent scalars

$$\begin{aligned}
 I_2 &= v^\mu \phi_{;\mu}, & J_1 &= a^\mu a^\nu \phi_{;\mu} \phi_{;\nu}, & J_3 &= v_\sigma t^{\sigma\mu\nu} \phi_{;\mu} \phi_{;\nu}, \\
 J_5 &= t^{\sigma\mu\nu} t_{\sigma}{}^{\bar{\mu}}{}_{\nu} \phi_{;\mu} \phi_{;\bar{\mu}}, & J_6 &= t^{\sigma\mu\nu} t_{\sigma}{}^{\bar{\mu}\bar{\nu}} \phi_{;\mu} \phi_{;\nu} \phi_{;\bar{\mu}} \phi_{;\bar{\nu}}, \\
 J_8 &= t^{\sigma\mu\nu} t_{\sigma\mu}{}^{\bar{\nu}} \phi_{;\nu} \phi_{;\bar{\nu}}, & J_{10} &= \epsilon^\mu{}_{\nu\rho\sigma} a^\nu t^{\alpha\rho\sigma} \phi_{;\mu} \phi_{;\alpha}.
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Teleparallel Horndeski gravity

Teleparallel Horndeski action

$$\mathcal{S}_{\text{Tele-deski}} = \int d^4x \left[\mathcal{L}_{\text{Horndeski}} + \mathcal{L}_{\text{Tele}} \right] e = \int d^4x \left[\sum_{i=2}^5 \mathcal{L}_i + G_{\text{Tele}} \right] e ,$$

where⁷

$$\begin{aligned} G_{\text{Tele}} &= G_{\text{Tele}}(\phi, X, T, T_{\text{ax}}, T_{\text{vec}}, I_2, J_1, J_3, J_5, J_6, J_8, J_{10}) , \\ \mathcal{L}_2 &= G_2(\phi, X) , \quad \mathcal{L}_3 = G_3(\phi, X) \mathring{\Box} \phi , \\ \mathcal{L}_4 &= G_4(\phi, X) (-T + B) + G_{4,X}(\phi, X) \left[(\mathring{\Box} \phi)^2 - \phi_{;\mu\nu} \phi^{;\mu\nu} \right] , \\ \mathcal{L}_5 &= G_5(\phi, X) \mathcal{G}_{\mu\nu} \phi^{;\mu\nu} - \frac{1}{6} G_{5,X}(\phi, X) \left[(\mathring{\Box} \phi)^3 + 2 \phi_{;\mu}{}^\nu \phi_{;\nu}{}^\alpha \phi_{;\alpha}{}^\mu \right. \\ &\quad \left. - 3 \phi_{;\mu\nu} \phi^{\mu\nu} (\mathring{\Box} \phi) \right] . \end{aligned}$$

⁷ S. Bahamonde, K. F. Dialektopoulos and J. Levi Said, Phys. Rev. D **100** (2019) no.6, 064018.

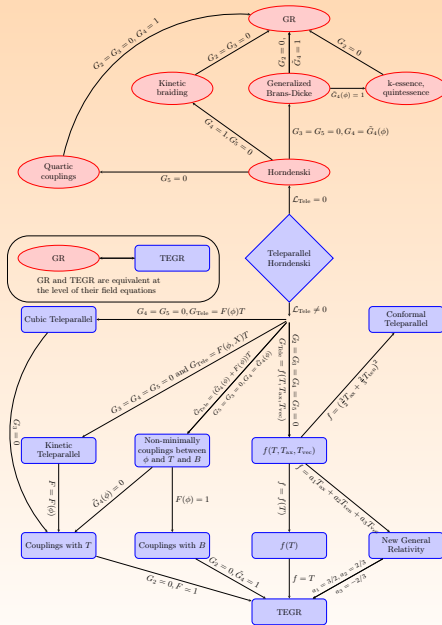


FIG. 1: Relationship between Teleparallel Horndenski and various theories.

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How to work with different geometric symmetries

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FLRW tetrad compatible with cosmological symmetries in the Weitzenböck gauge

$$e^a{}_\mu = \text{diag}(N(t), a(t), a(t), a(t))$$
$$\rightarrow ds^2 = N(t)^2 - a(t)^2(dx^2 + dy^2 + dz^2).$$

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Antisymmetric field equations

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Spherical coordinates

Be careful here: In spherical coordinates (t, r, θ, ϕ) , the tetrad in the Weitzenböck gauge looks more complicated (off-diagonal terms appear):

$$e^a{}_{\mu} = \begin{pmatrix} N(t) & 0 & 0 & 0 \\ 0 & a(t) \sin(\theta) \cos(\phi) & ra(t) \cos(\theta) \cos(\phi) & -ra(t) \sin(\theta) \sin(\phi) \\ 0 & a(t) \sin(\theta) \sin(\phi) & ra(t) \cos(\theta) \sin(\phi) & ra(t) \sin(\theta) \cos(\phi) \\ 0 & a(t) \cos(\theta) & -ra(t) \sin(\theta) & 0 \end{pmatrix}.$$

Cosmological perturbations in TG

- In a metrical theory, one perturbs the FLRW metric in the scalar-vector-tensor decomposition form:

$$\delta g_{\mu\nu} = \begin{bmatrix} -2\varphi & a(\partial_i \mathcal{B} + \mathcal{B}_i) \\ a(\partial_i \mathcal{B} + \mathcal{B}_i) & 2a^2(-\psi\delta_{ij} + \partial_i \partial_j h + 2\partial_{(i} h_{j)} + \frac{1}{2}h_{ij}) \end{bmatrix}.$$

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- The **metric has 10 d.o.f.** (4 scalars(1 each), 2 vectors(2 each), 1 tensor(2 each)) and the **tetrads 16 d.o.f.** (6 scalars(1 each), 4 vectors(2 each), 1 tensor(2 each)).

Background cosmology in $f(T, B)$ gravity

- The modified FLRW equations in $f(T, B)$ gravity are⁸

$$\begin{aligned} -3H^2 (3f_B + 2f_T) + 3H\dot{f}_B - 3\dot{H}f_B + \frac{1}{2}f &= \kappa^2 \rho_m, \\ -\left(3H^2 + \dot{H}\right) (3f_B + 2f_T) - 2H\dot{f}_T + \ddot{f}_B + \frac{1}{2}f &= -\kappa^2 p_m. \end{aligned}$$

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Cosmological perturbations in $f(T, B)$ gravity

- **Tensorial perturbations:** GW propagation equation is⁹

$$\ddot{h}_{ij} + (3 + \alpha_M)H\dot{h}_{ij} + \frac{k^2}{a^2}h_{ij} = 0 ,$$

meaning that $c_T^2 = 1$ with a Planck mass run rate

$\alpha_M = \frac{1}{H} \frac{\dot{f}_T}{f_T}$. Thus, $f_T < 0$ is required for stability issues.

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- **Scalar perturbations:** Very messy symmetric and antisymmetric field equations. The density parameter and the weak lensing parameter in Fourier space of the sub-horizon limit obey

$$\ddot{\delta}_m + 2H\dot{\delta}_m \simeq -\frac{k^2\varphi}{a^2} = 4\pi\rho G_{\text{eff}}\delta_m = \frac{\kappa^2}{2}\rho G_{\text{eff}}\delta_m ,$$
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- There are different branches having different G_{eff} depending on the form of f .
- For example for $f_{BB} + 2f_{TB} + f_{TT} = 0$ one finds $G_{\text{eff}} = -G \frac{4}{3(f_T + 12H^2 f_{TB})}$. One can use these results to constrain models.

Cosmological perturbations in $f(T, B)$ gravity - H_0 tension

- $f(T)$ gravity model does not show tension on the H_0 that prevails in the Λ CDM cosmology, however, σ_8 tension persists (R. C. Nunes, JCAP **05** (2018), 052)

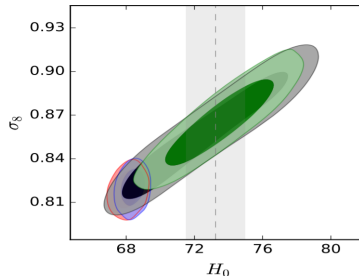


Figure 4. Parametric space in the plane $H_0 - \sigma_8$, where the regions in red (blue) show the constraints for Λ CDM model from CMB + BAO (CMB + BAO + H_0), respectively. The regions in black (green) show the constraints for $f(T)$ gravity from CMB + BAO (CMB + BAO + H_0), respectively. The vertical gray band corresponds to $H_0 = 73.24 \pm 1.74 \text{ km s}^{-1} \text{ Mpc}^{-1}$.

Background cosmology in Teleparallel scalar-tensor

- Teleparallel dark energy¹⁰ (coupling like $\xi\phi^2T$) exhibits a quintessence-like, dark-energy-dominated solution, or to the stiff dark-energy late-time attractor, similarly to standard quintessence. There is an additional late-time solution, in which dark energy behaves like a cosmological constant.

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- Theories with a coupling $\chi\phi^2 B$ have late time accelerating attractor solution without requiring any fine tuning of the parameters. A dynamical crossing of the phantom barrier is also possible¹¹
- TG non-local cosmology with a term like $Tf(\Box^{-1}T)$ in the action is consistent with the present cosmological data obtained by SNe Ia + BAO + CC + H0 observations¹²

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Teleparallel Horndeski gravity - perturbations

- By considering tensorial perturbations only and after some cumbersome calculations, one gets the following wave equation

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where $\alpha_T = c_T^2 - 1$ and the speed of GW being equal to¹³

Speed of GW in Teleparallel Horndeski

$$c_T^2 = \frac{G_4 - X(\ddot{\phi}G_{5,X} + G_{5,\phi}) - G_{\text{Tele},T}}{G_4 - 2XG_{4,X} - X(H\dot{\phi}G_{5,X} - G_{5,\phi}) + 2XG_{\text{Tele},J_8} + \frac{1}{2}XG_{\text{Tele},J_5} - G_{\text{Tele},T}}.$$

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Reviving Horndeski using Teleparallel gravity

- For $G_{\text{Tele}} = 0$ (standard case), one gets that to achieve a theory consistent with the GW observations $c_T = 1$, one requires $G_5(\phi, X) = \text{constant}$ and $G_4(\phi, X) = G_4(\phi)$. Hence, Horndeski gravity is highly constraint.

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Teleparallel Lagrangian respecting $c_T = 1$ ($\alpha_T = 0$)

$$\mathcal{L} = \tilde{G}_{\text{tele}}(\phi, X, T, T_{\text{vec}}, I_2) + \sum_{i=2}^4 \mathcal{L}_i + G_5(\phi) \mathcal{G}_{\mu\nu} \phi^{;\mu\nu}.$$

Outline

- 1 Metric-affine gravity
 - Basic ingredients
 - Metric-affine geometries
- 2 Introduction to Teleparallel theories of gravity
 - Basic mathematical ingredients
 - Teleparallel equivalent of General Relativity
- 3 Modified Teleparallel theories of gravity
 - General features
 - Some important theories
- 4 Applications to cosmology
 - How to study cosmology in Teleparallel gravity
 - Summary of results
- 5 Conclusions and final remarks

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- It is possible to formulate a theory which is equivalent to GR, and then, one can modify these equations to explain dark energy or inflation.
- One needs to be more careful than in Riemannian theories since the tetrad and spin connection form a pair that always need to be considered in a proper way to fulfill the symmetry condition to then solve the antisymmetric field equations.

Conclusions

- Two important TG theories: $f(T, B)$ (contains $f(\overset{\circ}{R})$) and Teleparallel Horndeski (contains many scalar-tensor theories).

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- TG cosmology can explain dark energy, alleviate H_0 tension and there are many interesting models with interesting features.
- There are many things totally unexplored in TG, so please go ahead!



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Geometric Foundations of Gravity 2021

is a conference dedicated to the geometric foundations of gravity theories that will take place on **June 28 - July 2, 2021** in Tartu, Estonia. This conference is a continuation of a series of earlier [conferences and workshops](#) on the same subject.

The main topics include:

- Extensions of General Relativity (metric affine gravity, Poincare gauge gravity, scalar/vector/tensor gravity, teleparallel gravity, massive gravity, bi-metric gravity, ...)
- Astrophysics in Extended Gravity (black holes, ordinary/neutron/boson/grava stars, gravitational waves, strings, wormholes, binary systems, ...)
- Cosmology in Extended Gravity (dynamical system analysis, observations and constraints, dark energy, dark matter, inflation, early universe, galaxies, ...)
- Beyond Lorentzian Geometry in Classical and Quantum Gravity (doubly/deformed relativity, standard model extension, Hamilton geometry, Finsler geometry, ...).

